

# Checklist: What to Take When You Leave

- ☐ Birth certificates (yours and the children's)
- ☐ Social insurance cards
- ☐ BC Services Card (CareCard/medical coverage forms)
- ☐ Driver's licence and/or photo identification
- ☐ Status cards
- ☐ Passports
- ☐ Permanent residence card/immigration permits/visas
- ☐ Any documents from another country to do with you or your children
- ☐ Marriage certificate
- ☐ Family law orders
- ☐ Legal protection or restraining orders
- ☐ Medical records for all family members
- ☐ Children's school records
- ☐ Investment papers/records and bank account numbers
- ☐ Rental agreement/lease or house deed
- ☐ Car title, registration, and insurance information
- ☐ Cash (it might take months to get support payments)
- ☐ Credit cards
- ☐ ATM card
- ☐ Chequebook, bank records
- ☐ Keys for the house, car, and safety deposit box or post office box
- ☐ Pre-paid calling card for long distance calls
- ☐ Cell phone/laptop computer/tablet (some ex-partners might use these to find you, so leave them with someone you trust)\*
- ☐ Address book
- ☐ At least one month's supply of all medicines you and your children need
- ☐ Copies of prescriptions
- ☐ Jewellery or small objects you can sell
- ☐ Pictures (make sure you have a picture of your ex-partner so you can serve legal papers)
- ☐ Keepsakes
- ☐ Children's treasures (for example, stuffed animals or special blankets)
- ☐ Clothing for you and the children

*\*Cell phones, computers, tablets, and cars may have tracking systems in place. Your ex-partner might be able to use these systems to find you. Leave these items with a trusted friend or family member at first. Then take them to an expert to see if there's tracking software that has to be deleted.*